



## • gluten free menu •

### • snacks •

Gluten free bread, olive oil, balsamic, dukkah, Dorset sea salted butter £3.00  
Mixed pitted olives £3.25      Crackling, apple sauce £2.50

### • starters •

Soup of the day with gluten free bread £5 / £6  
Steamed mussels, marinere or lemongrass & coconut curry, gluten free bread £8.50  
New Forest Asparagus, baby gem, soft boiled egg, Parmesan & dukkah £8.50  
Prosciutto, fire roasted peppers, tomato & mozzarella salad £9  
Portland crab & avocado timbale, gazpacho salsa £10  
Spicy chicken wings, blue vinny slaw £6.50  
King scallops baked in shell, wild garlic pesto £10

### • mains •

Blue Vinny, Cheddar or glazed ham ploughman's, gluten free bread £11  
Maple glazed ham, fried free range eggs, chips, charred pineapple £12.50  
Peppered Barbary duck breast, spinach, lentil & coriander sauce, sweet potato crisps £18  
Herb butter roasted chicken breast, new potatoes, peas, broad beans, artichokes, romesco sauce £14  
Pot roast belly pork, crispy bacon, sage & onion mash, Madeira jus £15  
Grilled lamb rump, baked aubergine, fondant potato, salsa Verde £19  
Grilled aged 8oz sirloin steak, rocket, baked flat mushroom, plum tomato & chunky chips £19  
Steamed mussels, marinere or lemongrass & coconut curry, gluten free bread or fries £14  
Seabass fillets, hasselback potatoes, broccoli, anchovy & lemon £17  
Locally caught trout fillet, seaweed, crushed new potatoes, charred lime, horseradish cream £15  
New Forest asparagus risotto, Parmesan (vegan parmesan available) £11.50

### • sides •

Chunky chips £3 (add cheese +50p)      Mixed side salad £3  
Fries £3      Smoked paprika & garlic fries £3.25      Seasonal vegetables £3

### • desserts •

Catalan brulee, almond macaroon £6  
Peach Melba meringue £6.50  
Gooseberry fool, prosecco jelly, almond macaroon £5.75

Local ice cream or Baboo gelato sorbet (1, 2 or 3 scoops) *please ask for selection* £1.50 per scoop  
Blue Vinny cheese board with a selection of 3 or 5 cheeses, chutney and gluten free crackers £8/ £10